



1 The latest grape-based treats are packed with rejuvenating goodies



## Vine and dandy

2 New and selling like hot cakes at Harvey Nichols, Le Vin's skincare range boasts anti-ageing chardonnay grape extract along with organically certified essential oils. The line includes Le Vin Face Serum (pictured, £90), Face Cream, £77, and Eye Serum, £57.

3 Bordeaux-based Caudalie pioneered the use of antioxidant-rich grape extracts (taken from its own vineyard) in spa treatments and cosmetics, and has created an extensive anti-ageing bodycare and spa brand. Its latest skincare creation is the age spot-zapping, skin-smoothing Vinoperfect Radiance Revealing Mask, £27, which contains extract of grapevine sap, along with grape acid and other natural ingredients. From branches of Space NK (tel: 020 8740 2085) and caudalie.com.

4 Lavish chardonnay extract on your hands in the form of Olavie Antioxidant Hand Cream, which is light, easily absorbed and leaves the skin feeling beautifully soft. Harvey Nichols reports that it's one of the bestsellers in the range, and at £9 it isn't too hard on the wallet.

5 For a restorative treat for winter limbs, try Ren Grapeseed, Jojoba and Shea Butter Body Cream, £17 – a comforting blend of antioxidant-rich grapeseed oil and rice-bran extract. From branches of Space NK (tel: 020 8740 2085).

Wine lovers should visit the spa at the luxury hotel and Michelin-starred restaurant Vineyard at Stockcross in Berkshire. It offers a wide selection of treatments, including the grape-based ISHI VinoTherapy Facial, which is accompanied by a glass of wine recommended by the hotel's sommelier. The spa swimming pool is even in the shape of a wine press. Packages from £90. For reservations visit [the-vineyard.co.uk](http://the-vineyard.co.uk).